

EDUCATION

Indiana University Indianapolis (IUI)

formerly Indiana University-Purdue University Indianapolis

School of Science (Purdue University Degree)

Bachelor of Science in Psychology

Minor in Medical Sociology

Certificate in Child Abuse and Neglect

May 2025

Indianapolis, IN

GPA: 3.761

LEADERSHIP EXPERIENCE

Mentor

January 2024-present

IUI Honors College

Indianapolis, IN

- Attend all HON-H 200: Introduction to Honors class sessions (75 minutes per class for 10 weeks).
- Collaborate with faculty members to develop weekly team-building activities.
- Develop and implement course programming based on student feedback.
- Plan and facilitate two panel discussions for HON-H 200 students in collaboration with other honors peer mentors and honors scholars.
- Mentor, support, and provide resources to 20 honors students to build community.

Student Coordinator

May 2023-present

IUI Bepko Learning Center

Indianapolis, IN

- Manage the Resource Desk, ensuring smooth daily operations, resolving issues, and assisting students, mentors, and program staff.
- Track and analyze attendance data by maintaining weekly rosters, compiling semester reports, and identifying trends to improve program effectiveness.
- Lead outreach efforts for 1:1 workshop campaigns and training sessions by coordinating planning, communication, attendance tracking, and survey analysis to enhance student engagement.
- Develop and maintain SharePoint and Canvas resources, including training materials and grading assignments, to support academic coaches and mentors.
- Lead recruitment efforts for new academic success coaches by conducting interviews and evaluating candidates to ensure they align with program goals and team dynamics.
- Design and facilitate training sessions on the Coaching Model to equip staff with essential skills for student success.
- Propose and implement program improvements through brainstorming and data-driven decision-making to enhance student support services.

Academic Success Coach

August 2022-May 2023

IUI Bepko Learning Center

Indianapolis, IN

- Facilitate individualized academic success coaching sessions using powerful questions that foster reflective conversation to assess students' own performance and develop goal-oriented success plans.
- Mentor and support a diverse roster of students, including first-year students, transfer students, students experiencing academic difficulty, to enhance their academic performance.
- Advocate for student success by connecting students with campus resources and support services tailored to their needs.
- Facilitate student success workshops on time management, note-taking, exam preparation, etc. to enhance academic skills across the campus community.

CROSS CULTRAL EXPERIENCE

Study Abroad Participant

IUI International Service-Learning

- Enhanced understanding of cultural differences and increased language skills
- Adapted quickly to diverse cultures and managed day-to-day activities

March 2024
Dominican Republic

RESEARCH EXPERIENCE

Undergraduate Research Assistant

Risk-taking, Impulsivity, Substance Use, and Cognition Lab (RISC)

Dr. Melissa Cyders, IUI Psychology Department

Literature Review

- Assisted Ph.D. graduate student with literature review for dissertation.

Senior Honors Research Capstone

- Conducted research on the relationship between adverse childhood experiences (ACEs) and substance use disorders (SUD) in individuals with and without comorbid mental health diagnoses.
- Analyzed data from Long-Term Recovery (LTR) study to examine differences in ACE prevalence, relapse frequency, and psychological factors.
- Investigated how demographic variables moderate the relationship between ACEs and comorbid mental health diagnoses in individuals with SUD.
- Contributed to research on risk factors for relapse and potential intervention strategies to improve treatment outcomes.

September 2023-present
Indianapolis, IN

Undergraduate Research Assistant

IUI Pain Research Lab

Dr. Adam Hirsh, IUI Psychology Department

Journal Club

- Participated in lab discussions on recent pain research.
- Lead a lab discussion on polycystic ovarian syndrome and pain research.

Poster Presentation

- Presented a poster at the Center for Research and Learning (CRL) Summer Research Symposium.
- Analyzed data from the 2019 National Health Interview Survey (N=19,262) to examine the relationship between social determinants of health (SDoH) and pain management strategies among U.S. adults with chronic pain.
- Assessed pain frequency, intensity, SDoH factors (e.g., social participation, health insurance, financial barriers, food security, income), and perceived effectiveness of pain management strategies.
- Identified that while most participants managed their pain well, 14.2% found their pain management ineffective, highlighting a need for improved interventions.

August 2023-present
Indianapolis, IN

Undergraduate Research Assistant

Cognition, Language, and Affect in Serious Psychopathology (CLASP) Lab

Dr. Kyle Minor, IUI Psychology Department

Electronically Activated Recorder (EAR) Project

- Transcribed EAR audio files, ensuring accuracy in capturing subject and conversational speech.
- Adhered to standardized transcription protocols, including formatting, timestamping, and redacting identifying information.
- Reviewed and edited transcripts for accuracy, correcting errors in spelling, punctuation, and formatting.
- Coded EAR audio files for conversational speech types.

August 2023-May 2024
Indianapolis, IN

HONORS AND AWARDS

Fall 2024 Dean's List, IUI January 2025

Spring 2023 Science Scholars List, School of Science, IUI May 2023

Class of '84 Honors Student Scholarship Recipient, School of Science, IUI March 2023

Collaborative Writing Award, School of Liberal Arts, IUI March 2023

Fall 2022 Dean's Honors List, School of Science, IUI January 2023

Spring 2022 Dean's Honors List, School of Science, IUI May 2022

Fall 2021 Dean's Honors List, School of Science, IUI January 2022

ORGANIZATIONS AND ACTIVITIES

Participant, Antiracist Reading Group, Division of Diversity, Equity and Inclusion, IUI September 2023

Member, Honors College, IUI June 2022

Member, Alpha Lambda Delta/Phi Eta Sigma (ALD/PES), Honors College, IUI February 2022

Participant, Diversity Enrichment and Achievement Program, IUI August 2021